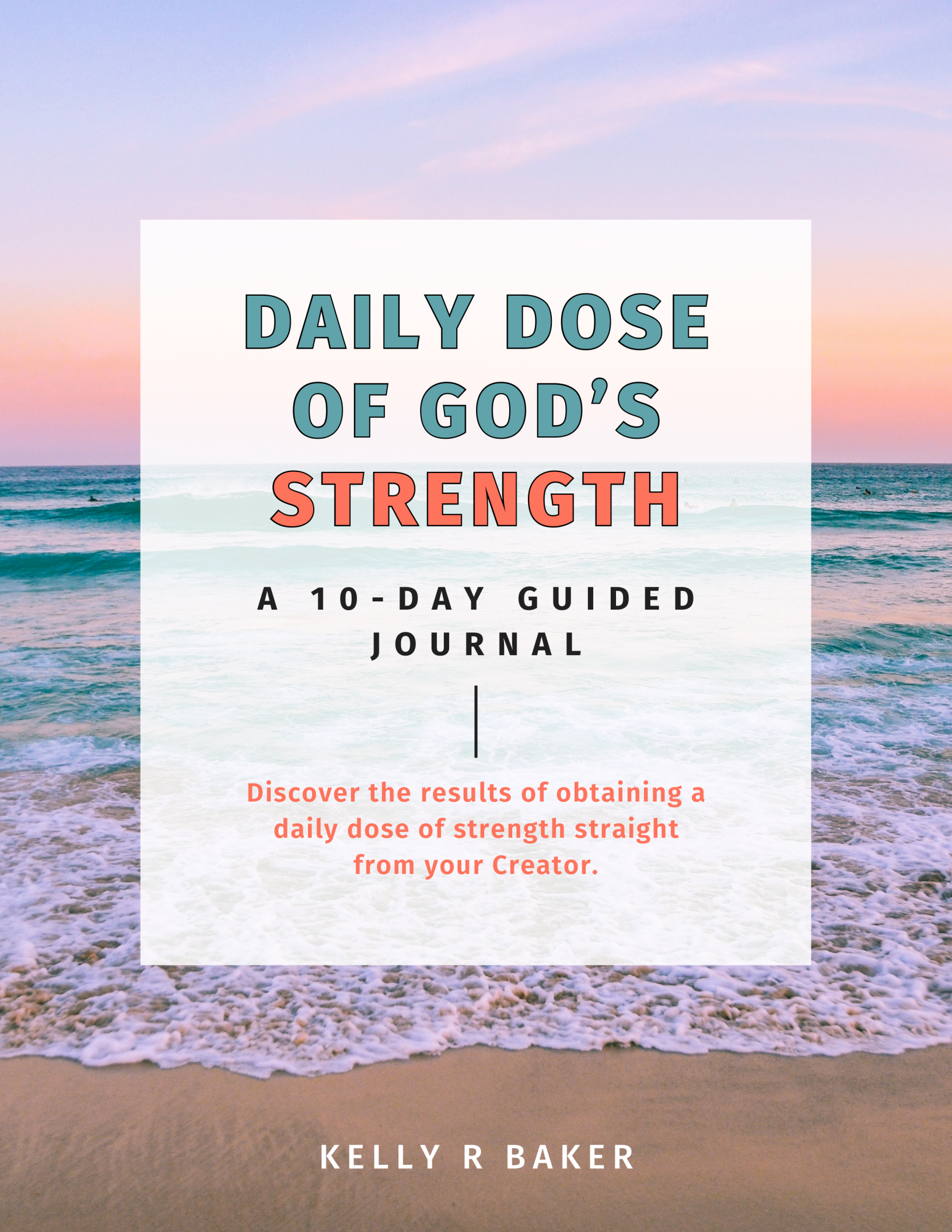




DAILY DOSE OF GOD'S STRENGTH

A 10-DAY GUIDED
JOURNAL



Discover the results of obtaining a
daily dose of strength straight
from your Creator.

KELLY R BAKER

Daily Dose of God's Strength

A 10-Day Guided Journal

BY KELLY R. BAKER

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Nice to meet you!

I help Believers come out of a stagnant walk by choosing to Live Yielded to God and keep Thriving in Christ. For the last 15 years, I've lived with the mantra of a Daily Time™ with God and taught it to others.

Daily Time™ means:

Determining
Again
I
Live
Yielded.
Today
I'm
Maintaining
Evidence.

It's my pleasure to pass on what I've learned to you. I promise if you live yielded, you'll see the fruit.

Kelly RBaker



Ocean Waves

Deposits of God's Strength

Days 1 & 2: Power

Days 3 & 4: Tenacity

Days 5 & 6: Courage

Days 7 & 8: Fortitude

Days 9 & 10: Stability

Closing Thoughts

CONTENTS



Ocean Waves

Every book or devotional needs a design theme, right? As I was considering various ideas, nothing seemed right.

This isn't a devotional about lifting weights or climbing the highest mountain peak.

While photos that depict those scenarios can be inspirational, they weren't the right ones for this message.

When I considered a beach shoreline, my first thought was "VACATION!" (Who's with me?)

But just when I was about to move on, I felt the nudge of the Holy Spirit. Then it dawned on me. The:

- ocean waves are continual
- ocean itself is a force of nature
- sandy beach, a picture of peace

What better thoughts to convey God's strength?

Yeah, I think God had a good idea.
{grin}



Deposits of God's Strength

The Process

STEP

1

Choose

Choose to let go of any other source of security. Instead, choose to let God be your strength.

STEP

2

Replace your usual reaction with the new habit of speaking a verse on God's strength, allowing it to be deposited in you.

Replace

STEP

3

Continue

Continue the pattern into a place of consistency. Don't stop short of changing into the strong Christian God called you to be.



Day 1: Power

One of the results of receiving a daily dose of God's strength through His Word is power. His power.

The word *power* means "the ability to do something or act in a particular way."



Ephesians 6:10 KJV

Finally, my brethren, be strong in the Lord, and in the power of his might.

Write the verse:

Now underline the word strong in the verse.

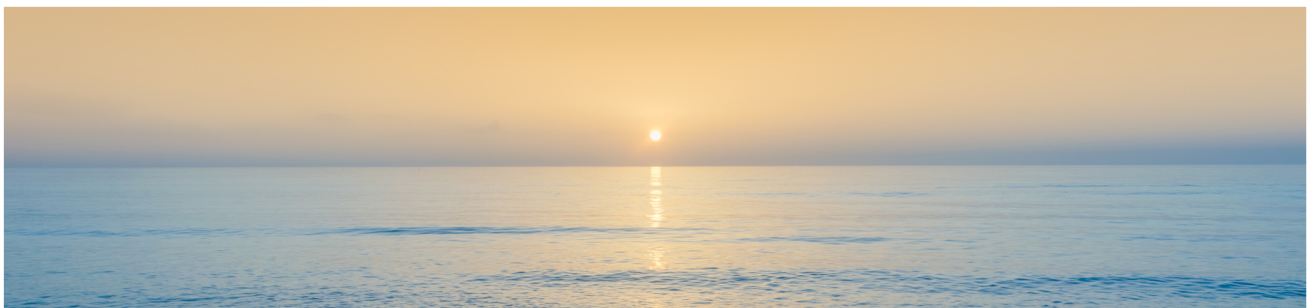
GETTING IT TO STICK

God says His Word does not return void, but it goes forth to accomplish where it was sent. (See Isaiah 55:11.)

If you send His Word over your circumstances, then you will see the fruit of His Word over your circumstances.

How can you apply Ephesians 6:10 to your daily life? What specific circumstances could use His power working through you?

Write a prayer to God committing to use Ephesians 6:10 on a regular basis.



Day 2: Power

Remember, one of the results of receiving a daily dose of God's strength through His Word is power. His power.

The word *power* means "the ability to do something or act in a particular way."



2 Chronicles 16:9 KJV

For the eyes of the LORD run to and fro throughout the whole earth, to shew himself strong in the behalf of them whose heart is perfect toward him.

Write the verse:

Underline "strong" in the verse.

GETTING IT TO STICK

Look up Isaiah 55:11, Proverbs 18:21, and 2 Corinthians 1:20. Do you see how they relate?

Remember, if you send His Word over your circumstances, then you will see the fruit of His Word over your circumstances.

How can you apply 2 Chronicles 16:9 to your daily life? What specific circumstances could use His power working through you?

Write a prayer to God committing to use 2 Chronicles 16:9 on a regular basis.



Day 3: Tenacity

One of the results of receiving a daily dose of God's strength through His Word is tenacity.

The word *tenacity* means "the quality or fact of being very determined; determination."



1Chronicles 16:11 KJV

Seek the LORD and his strength, seek his face continually.

Write the verse:

Now underline the word strength in the verse.

GETTING IT TO STICK

Look up Romans 10:17. Therefore, open your mouth and pray His promises aloud.

Build your faith and be strengthened by not just reading them but hearing them! Go ahead; do it now!

How can you apply 1 Chronicles 16:11 to your daily life? What specific circumstances could use His tenacity working through you?

Write a prayer to God committing to use 1 Chronicles 16:11 on a regular basis.



Day 4: Tenacity

Remember, one of the results of receiving a daily dose of God's strength through His Word is tenacity.

The word *tenacity* means "the quality or fact of being very determined." You'll begin to see a new determination developing in you.



Proverbs 18:10 KJV

The name of the LORD is a strong tower: the righteous runneth into it, and is safe.

Write the verse:

Now underline the word strong in the verse.

GETTING IT TO STICK

The name of the Lord encompasses His magnificent character. How much we can receive through His name alone!

Notice, the righteous *runs* to it! That sounds like determination (i.e. tenacity) is needed!

How can you apply Proverbs 18:10 to your daily life? What specific circumstances could use His tenacity working through you?

Write a prayer to God committing to use Proverbs 18:10 on a regular basis.



Day 5: Courage

One of the results of receiving a daily dose of God's strength through His Word is courage.

The word *courage* means "the ability to do something that frightens one."



Deuteronomy 31:23

He commissioned Joshua the son of Nun, and said, "Be strong and courageous; for you shall bring the children of Israel into the land which I swore to them. I will be with you."

Write the verse:

Underline the word strong.

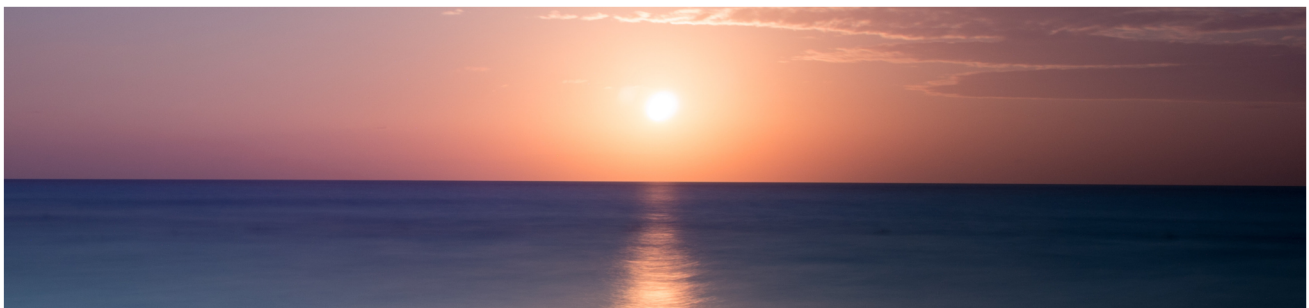
GETTING IT TO STICK

Have you ever felt God give you a commission to do something for Him?

A practical way to walk in courage is to renew your mind in the moment with His truth.

How can you apply Deuteronomy 31:23 to your daily life? What specific circumstances could use His courage working through you?

Write a prayer to God committing to use Deuteronomy 31:23 on a regular basis.



Day 6: Courage

Remember, one of the results of receiving a daily dose of God's strength through His Word is courage.

The word *courage* means "the ability to do something that frightens one."



Psalm 31:24

Be strong, and let your heart take courage, all you who hope in Yahweh.

Write the verse:

Underline the word strong.

GETTING IT TO STICK

Making a choice in the moment to be strong will allow the work of the Spirit to bring about change in you.

The wonderful transformation you will see is an increase of being courageous through the strength of God.

How can you apply Psalm 31:24 to your daily life? What specific circumstances could use His courage working through you?

Write a prayer to God committing to use Psalm 31:24 on a regular basis.



Day 7: Fortitude

Another result of receiving a daily dose of God's strength through His Word is fortitude.

The word *fortitude* means "courage in pain or adversity." Another way to put it is strength of character.



Ephesians 3:16 KJV

That he would grant you, according to the riches of his glory, to be strengthened with might by his Spirit in the inner man.

Write the verse:

Underline the word strengthened.

GETTING IT TO STICK

Who doesn't go through life without trials or heartache, right? But those who respond with using the Word will receive fortitude.

If you sow the promises of God regarding His strength, you will reap His strength. And this will show up in your character.

How can you apply Ephesians 3:16 to your daily life? What specific circumstances could use His fortitude working through you?

Write a prayer to God committing to use Ephesians 3:16 on a regular basis.



Day 8: Fortitude

Remember, a result of receiving a daily dose of God's strength through His Word is fortitude.

The word *fortitude* means "courage in pain or adversity." Or another way to put it is strength of character.



Psalm 73:26

My flesh and my heart fails, but
God is the strength of my heart
and my portion forever.

Write the verse:

*Underline the word
strength.*

GETTING IT TO STICK

Because we're human, our old nature wants to fail. But you have a new nature in Christ. Read Ephesians 4:22-24.

When you put off the old nature, you identify with the new nature. It's a one-time decision that needs to be enforced daily.

How can you apply Psalm 73:26 to your daily life? What specific circumstances could use His fortitude working through you?

Write a prayer to God committing to use Psalm 73:26 on a regular basis.



Day 9: Stability

Another result of receiving a daily dose of God's strength through His Word is stability. Doesn't that sound good?

The word *stability* means "the state of being stable (not likely to change or fail)."



Isaiah 26:4 KJV

Trust ye in the LORD for ever:
for in the LORD JEHOVAH is
everlasting strength.

Write the verse:

Underline the word strength.

GETTING IT TO STICK

The word strength in the “stability verses” are translated rock. It’s figurative of God as the support and defense of His people.

He’s not going to change or fail; He is stable. He’s the immanence of strength. And He’s changing you to be like Him—more stable!

How can you apply Isaiah 26:4 to your daily life? What specific circumstances could use His stability working through you?

Write a prayer to God committing to use Isaiah 26:4 on a regular basis.



Day 10: Stability

Remember a result of receiving a daily dose of God's strength through His Word is stability. That's great, right?

The word *stability* means "the state of being stable (not likely to change or fail)."



Psalm 18:2 KJV

The LORD is my rock, and my fortress, and my deliverer; my God, my strength, in whom I will trust; my buckler, and the horn of my salvation, and my high tower.

Write the verse:

Underline the word strength.

GETTING IT TO STICK

When you speak contrary to the Word, strength leaves you; when you talk in agreement with the Word, faith fills you.

When you meditate on the Word and believe it, then it manifests. As you are diligent and consistent with this, then you will see yourself building a healthy new habit pattern.

How can you apply Psalm 18:2 to your daily life? What specific circumstances could use His stability working through you?

Write a prayer to God committing to use Psalm 18:2 on a regular basis.



Closing thoughts

I'm thrilled you decided to go through the **Daily Dose of God's Strength 10-Day Guided Journal!** I hope you received many deposits of God's strength.

My prayer is that I can ignite a passion in you to pursue what matters and stand firm for God.

You're invited to visit the [Live Yielded Shop](#) and get more items to help nourish your walk with God so you can keep thriving.

GO SHOPPING



REMINDER SPACE



*Making memories
with God!*

Note : Don't forget to leave a review!